

PRACTICAL EXERCISE

The Prompt Audit Exercise

Analyze. Assess. Rewrite. Compare.

HOW TO USE THIS WORKSHEET

This is a fillable PDF — type directly into the fields on each page. It works alongside the Module 1 video and the Companion Guide, and takes about 10–15 minutes to complete for one real prompt.

1. Analyze a prompt you've actually used recently.
2. Assess it against the four building blocks.
3. Rewrite it using the Prompt Framework.
4. Compare the two outputs and note one rule for next time.

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Step 1 — Analyze

REVIEW AN EXISTING PROMPT AGAINST THE FOUR BUILDING BLOCKS

Pick a prompt you've genuinely used in the last week or two — not a hypothetical one. Paste it below exactly as you wrote it.

REMINDER — THE FOUR BUILDING BLOCKS

Context — the situation and background the AI needs. Role — the expertise it should take on.

Task — the concrete, well-defined thing to solve. Output — the desired format and level.

Your original prompt

Step 2 — Assess

IDENTIFY WHAT'S MISSING: CONTEXT, ROLE, SCOPE, OR OUTPUT

Check any that apply to the prompt from Step 1. Most prompts are missing more than one.

☐**Missing Context**

The AI would have to guess the framing — and might guess wrong.

☐**Unclear Role**

No lens has been set, so the answer risks being generic.

☐**Task Too Broad**

The task isn't narrow enough to produce a usable answer.

☐**No Output Requirement**

Format and length are left to chance.

Notes — what's missing, and why does it matter here?

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Step 3 — Rewrite

BUILD A NEW VERSION OF THE PROMPT USING THE PROMPT FRAMEWORK

Fill in each block deliberately. You don't need polished prose — just be specific.

Context

The situation and background the AI needs to understand.

Role

Which role or expertise the AI should take on.

Task

The concrete, well-defined task to be solved.

Output

The desired format, length, and level of the response.

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Step 4 — Compare

RUN BOTH PROMPTS AND ASSESS THE DIFFERENCE IN QUALITY

Run your original prompt and your rewritten prompt. Summarize what came back from each.

Original prompt — what came back

New prompt — what came back

ONE PERSONAL RULE FOR NEXT TIME